



## *Family Time*

# Follow the Directions

### *Best Use*

Family Time Activity for Younger Children

### *Value of the Journey*

The Bible is like God's road map for us, helping to give directions and guidance.

### *Before the Journey*

Have the following supplies ready:

- ◆ Create a simple map to give directions to a favorite place for a family-time treat. You can also use your GPS.
- ◆ A Bible

## HIT THE ROAD

Follow these steps to have a great experience.

1. Let your family know that you are going on a fun adventure to a favorite spot to get a treat. (Ex: Sonic or ice cream store) Show them the map to get there.
2. Have the kids share the map and follow along from your home. As you begin the journey, pray and ask God to help you have a great family time and to help you follow the directions.
3. As you travel along, decide to go different directions instead of following the map/GPS. Make sure that your kids know that you are not following the directions. Let them know that you think there might be a better way, but then discover that you are lost.
4. Go ahead and go back home and start over. Make a couple of other "wrong turns" and then use the map/GPS to get back on track.
5. At last, listen to the directions, and get to your family spot for a favorite treat. While you are sharing a yummy treat, talk about the map and directions to get you there.
6. Ask the following:
  - ◆ Why did we have a hard time getting here as quickly as we could have?
  - ◆ Why should we follow the directions?
7. Just like the directions to get us here, God has given us directions for our lives to follow Him. These directions are to help us, to guide us, and protect us. It is the Bible!
8. Read Psalm 119:133 and Proverbs 3:5-6 aloud together. How can we use the Bible to help guide us and give us directions? (Keep us from danger/sin, show us the way to go, how to follow and honor God, help us to grow closer to God.)
9. Memorize Psalm 119:105, "God's Word is a lamp to my feet and a light to my path."

*College Church of Christ Family Ministry Team*

CONNECTING  
**FAITH & HOME**  
a family ministry