



Date Night

Couple's Journey

36 Date Night Activity

Value of the Journey

Reading the Bible as an individual, as a couple, and as a family is one of the best things you can choose to do. Setting goals can take it from an idea to a reality.

Before the Journey Have the following supplies ready:

- ◆ Pen and Keepsake Journal
- ◆ Bible

PLAN IT & FOLLOW THROUGH

1. In order to become the kind of people who read the Bible faithfully, we need to set a goal to ensure it happens. This date night is a fun way to set goals with your spouse and family in terms of reading the Bible.
2. You and your spouse are going to build a Bible Reading Journal. You are going to write down a set of goals for what you wish to accomplish over the next few months as a family. How will it look reading the Bible 5 times per week as an individual, 1 time a week with my spouse, and 1 time per week with my family over the next three months? Consider how this will benefit you as an individual, your marriage and family, and then discuss this as a couple.
3. Go to a favorite place together. Take a pen and a journal or pad of paper. Share with each other where you want to be as an individual after three months of reading the Bible. For example, one goal might be to begin reading through the Bible in a year. You might choose to read a chapter of the Bible each day. Perhaps you want to memorize a favorite passage or chapter of the Bible. Write down your specific goals that are reasonable to accomplish if you did this daily over the next three months.
4. Each of you take a moment to write an individual reading goal, and then share your goals together. Discuss reasons for your choices. Select a reading plan that best fits you, and work toward intermingling your goals as a family. Don't forget to compromise.
5. Together, decide the goals you want to accomplish and write them into your journal. You might want to read a part of the Bible together and then discuss what it means. You could choose to memorize scripture together and share how God has used that passage to help you during the week.
6. Decide and write how you will connect with your family (kids) one time per week with God's Word. For example, you could choose to read one Bible passage per week together, memorize a short part of that passage together, and set a weekly discussion time about what your family has read. The possibilities are endless! Remember to choose a goal that is realistic, measurable, involves the whole family, and then do it.
7. Next, take these goals home with you and place them where you are consistently reminded of them. After three months review your goals, and schedule another date where you can create a new "Word 511" goal. Don't forget to discuss what the Lord is doing in your lives from reading the Bible in such an intentional way.

College Church of Christ Family Ministry Team